



Andean Meditation Workshop *Connecting to the Heart of Nature*

by Oakley Gordon, Ph.D. Author of
"The Andean Cosmovision"

Introduction to Andean Cosmovision

Friday, June 3 7:00 pm – 8:30 pm at the Rockville Community Center
Cost: \$15 at the door **No pre-registration required**

Meditation Workshop "*Connecting to the Heart of Nature*"

Saturday, June 4 9:00 am -12:00 pm and 1:30- 4:30pm (bring a picnic lunch)
Sunday, June 5 9:00 am - 1:00 pm
Cost: \$150 includes both days. **Space is limited. Pre-registration required.**
Both days at the Rockville Community Center and in Nature

The Andean Cosmovision is not a set of concepts or beliefs. It cannot be described or encompassed by words. It can, however, be experienced and explored through simple meditations that serves as portals to another way of experiencing reality. The meditations bring new and profound aspects of ourselves and the Cosmos into our awareness. These meditations also nourish a more loving and mutually supportive relationship between ourselves and nature. Within this relationship we begin to blossom into the beauty of who we each uniquely are.

This is an experiential workshop. We will go through a number of Andean meditations. After each meditation you decide weather to add it to your repertoire for exploring the great mystery that is the Cosmos. We will also examine how to integrate these experiences into our lives here in Western society.

Oakley Gordon earned his Ph.D. in cognitive psychology. For the past twenty-two years he has been exploring the Andean Cosmovision under the tutelage of his mentor and friend, the Peruvian paq'o (mystic/shaman) don Americo Yabar. In his trips to Peru, Oakley has also worked with numerous Andean paq'os and healers. He has shared this knowledge with Westerners through presentations at academic workshops, written articles, a blog, his recent book (*The Andean Cosmovision*), and in hundreds of Andean meditation classes and workshops. For more information about Oakley Gordon, don Americo Yabar, and the Andean Cosmovision, please visit www.SalkaWind.com

Registration

Call Penelope Eicher 435 619-0797 or Stacy Christensen 435 619-2271.
Or mail a check to: Heart Walk Foundation 437 South Bluff St, Ste 202, St George, UT 84770

A portion of your tuition is a tax-deductible donation to Heart Walk Foundation to help native Q'ero people in the Andes Mountains. Learn more www.heartwalkfoundation.org.

Peruvian handicrafts will be available for purchase